

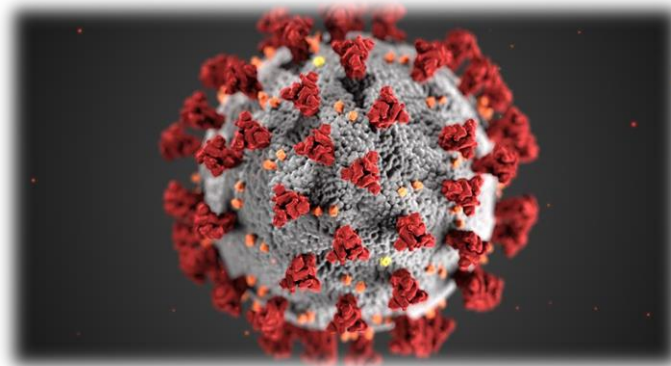


Mrs. Miskia Davis, Superintendent

"United For Excellence"

SCCSD School Health Services COVID-19 Sick-Day Response & Return to school/work/sports activity

A Ready Resource for SCCSD Nurses, Principals, & Educators



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The purpose of this sick-day response plan is to provide clear school guidelines to promote a safe and healthy environment for SCCSD school campuses amid the COVID-19 pandemic. COVID-19 pandemic is a dynamic situation with evolving circumstances. Therefore, this response plan is subject to updating as additional national, state, and local guidances become available.

SICK-DAY RESPONSE

- ❖ SCCSD will safely and respectfully conduct daily health checks to include temperature checks and symptom screening of all faculty, staff, and students.
- ❖ Students and staff members are required to **stay home and seek the care/advice of a healthcare provider (HCP)** when experiencing the following:
 - Vomiting
 - Diarrhea
 - Cough
 - Fever (100.4 degrees Fahrenheit)
 - Chills
 - Muscle pain
 - Shortness of breath or Difficulty breathing
 - Sore Throat
 - New loss of taste or smell
- ❖ SCCSD health services department strongly advise students/parents and staff members to **immediately contact emergency services (911)** if the student or staff members experience the following:
 - Trouble breathing
 - Persistent pain or pressure in the chest
 - New confusion
 - Inability to wake or stay awake
 - Bluish lips or face
- ❖ Similarly, SCCSD will immediately contact emergency services (911) if a student, visitor, or staff member presents to SCCSD campuses or facilities with the following symptoms:
 - Trouble breathing
 - Persistent pain or pressure in the chest
 - New confusion
 - Inability to wake or stay awake
 - Bluish lips or face
- ❖ Students and staff members presenting to SCCSD campuses or facilities with the following symptoms related to COVID-19 including cough, fever (100.4 degrees Fahrenheit), chills, muscle pain, shortness of breath or difficulty breathing, sore throat, or new loss of taste or smell, **must promptly leave SCCSD campuses or facilities and**

follow-up with an HCP and obtain a note of clearance to return to SCCSD schools or facilities.

- Sick students or staff members will be provided a face mask and assisted to a separate space designated for sick staff and students

RETURN TO SCHOOL RESPONSE

- ❖ SCCSD will adhere to the Centers for Disease Control and Prevention (CDC) guidelines that any individual **with COVID-19 with symptoms** may discontinue isolation and thus, return to school after:
 - At least 3 days (72 hours) have passed since fever has resolved without the use of fever-reducing medications and improvement in respiratory symptoms (i.e., cough, shortness of breath)

AND

- At least 10 days have passed since symptoms first appeared
- ❖ SCCSD will adhere to the CDC guidelines that any individual **with COVID-19 without symptoms, but tested positive** may discontinue isolation and thus, return to school after:
 - At least 10 days have passed since the date of their first positive COVID-19 diagnostic test
 - If symptoms appear, then an individual may return to school following the above criteria for persons with **COVID-19 with symptoms**

CONSIDERATIONS FOR YOUTH SPORTS & RETURN TO PLAY

- ❖ SCCSD will adhere to CDC guidelines and offer options for individuals at higher risk of severe illness from COVID-19, such as virtual coaching and in-home drills that limit their exposure to risk. **Higher risk conditions include people with asthma, diabetes, HIV, liver disease, and who are immunocompromised.**
- ❖ SCCSD will safely and respectfully conduct daily health checks to include temperature checks and symptom screening of all coaches, staff, and student-athletes before beginning practices, group discussions, or meetings.
- ❖ SCCSD will require nonessential visitors and spectators to practice social distancing guidelines of 6 feet at practices.
- ❖ Coaches, staff, officials, and players who are sick **before practice** should not attend the youth sports activity and should promptly notify youth sports officials.
- ❖ SCCSD will immediately separate coaches, staff, officials, and student-athletes presenting with COVID-19 symptoms **during practice**. Sick students or staff members will be provided a face mask, assisted to a separate space designated for sick staff and students, and advised to follow-up with an HCP to obtain a note of clearance to return to SCCSD schools or facilities.

- ❖ Coaches, staff, officials, and student-athletes diagnosed with COVID-19 with or without symptoms **will follow the above “Return to School Response” to initiate a safe return to practice guidance.**

SCHOOL DISMISSALS

- ❖ If a student or staff member attended school before being confirmed as having COVID-19, schools will temporarily dismiss for **at least 3 days and no more than 5 days** to allow time for the local health officials to gain a better understanding of the COVID-19 situation impacting the school and for custodial staff to clean and disinfect the affected areas.
- ❖ SCCSD will actively seek the counsel of local health officials to determine appropriate next steps, including whether an extended dismissal duration is required to stop or slow the further spread of COVID-19.